Tri the Space to Earth Challenge to give a buzz to PE and STEM activities in and out of school. Track how many space miles your school achieves in this space race for health.

Register your interest at www.spacetoearthchallenge.org.uk
For more information contact missioncontrol@spacetoearthchallenge.org.uk

Join British ESA Astronaut Tim Peake in space fitness challenges as he trains before, during and after his mission. Here’s Tim in a training version of his Extravehicular Mobility Unit. He’s waiting to start a spacewalk simulation in the waters of the Neutral Buoyancy Lab, Houston. © NASA/Robert Markowitz
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Join British ESA astronaut Tim Peake, as he exercises in the world's most remote gym. It’s on the International Space Station, 400 km away from Earth. © NASA (S130-E-01241)
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Join British ESA astronaut Tim Peake in space fitness challenges as he trains before, during and after his mission. Here is Tim during a water survival training session near Star City, Russia. When a Soyuz spacecraft returns to Earth, there's a strong chance it could land in water.

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